Title.	Distance	Place	OS Map
Sherwood Pines Forest	1-3 Miles 1.6-5 Km	Nr. Edwinstowe	OS 120 Mansfield & Worksop

Sherwood Pines Forest is a wonderful adventure for all the family with lots of activities and things to see.

All walks start at the visitors centre and cover various coloured way marker posts from 1 to 8 miles around a very scenic forest of pine trees – on one route there is a marvellous avenue of pine trees – and for interest on routes there are a number of things to do – adventure areas - a children's 'Childhood Wood Memory' burial garden to view – pond – an assault course you can go on with your wheelchair – and you can view the high wire assault course 'Go Ape' which makes interesting viewing to see someone in action In the extensive pine forest scenery – cycling.

• Facilities - Visitors Centre – Gift Shop – Information Office - Education Centre - Cycle & Map Shop – Cycle Hire – Segway Hire –2 Assault Courses – 'Go Ape' high wire centre – School / Group Huts - Playing Areas – Orienteering posts – Wooden sculptures – Small pond – Benches & Tables

There is adequate car parking with a charge.

• **Café** – There is a well-stocked café near the main centre with inside and outside eating areas.



Visitors Centre & Café

• **Toilets** – The toilets are situated in the main centre.

• Path - The paths are mostly made up of crushed bark and compacted earth and is generally smooth – although other trails in the forest can be made up of crushed stone and are a bit more uneven. – There is also an amount of sloping areas in the forest. – The paths are mostly for motorised wheelchairs, but the 'Dragonfly Trail' should be okay for pushchairs / manual wheelchairs with a good pusher.

There are numerous trails and cycle trails from 1 mile up to 8 miles.

'Dragonfly Trail' – 'White Trail' - going : easy – 1 mile, 1.6 km – follow the white markers
See the White Trail' map in the photo gallery, highlighted in yellow and enlarge.

'Nightjar Trail' – 'Red Trail' - going : easy to moderate – 3 mile, 4.8 km – follow the red markers.



Start of the White Trail

See the Gallery for more photos

• Information – At the information office in the forest are maps of the various trails. There are other leaflets for mountain bike hire, Segway hire and the high wire 'Go Ape' adventure route in the forest. There is also an events list of mountain bike / orienteering events including concerts they hold throughout the year.

The information office staff are very helpful.

Tel. No. – Rangers - 01623 822447 Sherwood Pines Cycles - 01623 822855 Sherwood Pines Café - 01623 822500 Go Ape - 0845 643 9142

Website – Sherwood Pines Forest

Sherwood Pines - www.forestry.gov.uk/sherwoodpines " www.forestry.gov.uk/website/recreation.nsf

• **Directions** – Sherwood Pines Forest is about 12 miles from the M1 and between Mansfield and Ollerton; it is best approached on the B6030 – lookout for the Sherwood Pines Forest sign.

• Places to visit nearby – Rufford Country Park – Vicars Water – Major Oak Edwinstowe – Clumber Park - Thoresby Sunday Market – Edwinstowe



Forest Paths

Totem Poles



Mushroom Village



## Adventure Playground



'Go Ape' High Wire



## Location Map

