

Title.	Distance	Place	OS Map
Carsington Water	1 – 8 Miles 1 –13 Km	Carsington Water Nr. Matlock	OS 119 Buxton & Matlock

Carsington Water is a large reservoir with all types of leisure activities and water sports. It has an excellent Visitors Centre with a Water exhibition and Restaurant and an outside café, craft & gift shops and many other facilities. It is very scenic with lots of water activities to view and it is a great place for outdoor activities for the whole family, and it caters for disabled people. There are lots of play areas for children.

The lake walk for walkers is an 8-mile round route.

All the facilities are excellent and the staff are very helpful.

- **Facilities** – Large Visitors Centre – Restaurant – Café – Gift, Souvenir, Clothes Shops etc., - A host of water sports activities – Climbing Wall – Cycle hire – Sculptures – Orienteering course – Children’s play areas – and there are many activities and children’s events happening throughout the year.

There are numerous pay and display car parks and disabled bays at the Visitors Centre – also there are other car parks situated around the lake.

- **Café** – At the Visitors Centre there is an excellent restaurant and café overlooking the lake – small outside café – at the Millfield area in summer you can also get drinks – and there are 2 public houses close by the lake, which serve food.

Visitors Centre



- **Toilets** – There are well-equipped toilets and disabled toilets at the Visitors Centre and café – and there are also toilets at the Millfield area.

- **Path** - The paths from the Visitors Centre starts off with a tarmac surface, but most of the route surfaces are made up of fine rolled-in crushed stone all the way round, however there are some steep slopes and slightly semi rough areas.

A motorised wheelchair could use the path in stages all the way round, - for manual wheelchairs the yellow trail is very good but in other areas you will require a strong pusher, it maybe that some slopes are too steep. But around the Visitors Centre it is good.

Yellow trail – 1 mile – Takes you around Stones Island and is a short and gentle way to enjoy the scenic reservoir. See the walk route.

Purple trail -- 3 miles – Will take you along the top of man-made earth dam.

Note the blue walk I have done on the map on the photo gallery.

Red trail – 8 miles – Is a challenging circular cycle / walk around the reservoir.

At the visitors centre just ask for more information for suitability for wheelchair users.

Crushed Stone Path



See the Gallery for more photos

- **Information** – You can obtain leaflets at Carsington Water Visitors Centre of the different trails and activities and by looking at the information on the website – there is also a full list of events happening throughout the year.

Tel. No. – Carsington Water Visitors Centre - 01629 540696

Visitor centre: - 01629 540 696

Site activities: - 01629 540 696

Boat/cycle/water sports hire: - 01629 540 478

Fishery office: - 01629 540 478

Mainsail restaurant - 01629 540 363

- **Website**- Carsington Water
 Carsington Water - www.carsingtonwater.com
 Carsington Water Walk - www.derbyshire-peakdistrict.co.uk/carsingtonwaterwalk.htm
 Accessibility - www.moretoexperience.co.uk/server.php?show=nav.6018
 Visitors Centre - www.visitderbyshire.co.uk/details-2587.ihtml
- **Directions** – Carsington Water is 8 miles from Matlock – go towards Cromford then to Hopton on the B5035 continue and look for the signs to Carsington Water.
- **Places to visit nearby** – Matlock – Cromford - High Peak Trail –Tissington Trail

Yellow Trail



Stones Island



Path



Visitors Centre Balcony View



Restaurant



Sailing and Cycling

